The “Rec Room”

Spring Happenings

Recruitment Office Staff:
M. Bruce Kaufmann - Director
Traci Kastner - Program Coordinator
Joanne Colaneri - Office Secretary
Paul Checchio - Pool Technician
Linda Johnson - Senior Transportation

Westfield Recreation Commission:
The Westfield Recreation Commission is made up of 11 members who are all appointed by the mayor. The Commission has a responsibility to determine and formulate policies for the effective management of park and recreation services. It also supports and sets policy for the Recreation Department staff. In addition, it functions as liaison between the Board of Education, the Mayor and Town Council. For Commission dates please see the department's website.

Commission Members: Peter Echausse (Chairman)
Michael Cash, Jennifer Czarnecki, Beth Dencker, Jim Foerst, Gary Fox, William Kelly, Larry McDermott, Kevin Neylan, Jeff O'Connor, Karen Petruzzi.

Public Meetings: 1st Monday of the month, 7:30p–Rec Dept's Conference Rm.

3 Easy Ways To Register for Programs:
(1) MAIL-IN
(Download a Registration Form from the Department's Website.)
CHECKS MADE OUT TO:
Westfield Recreation Department

(2) ONLINE
www.WestfieldNJ.Gov/Recreation
Click on "Online Registration"

(3) WALK-IN
Recreation Department Office
Monday-Friday, 8:30AM through 4:30PM
(The office ONLY accepts exact cash or checks).

*Please read carefully any special registration requirements or each program offered in this flyer.*

Run The Park

Sunday- May 21, 2017 at Tamaques Park

Support the Recreation Department by keeping the community active with our “Be Active, Be Healthy” movement!

Our goal is to get as many families out and walking/running at our annual “Run The Park” Road Race on Sunday, May 21. Partnering with Westfield Running Company will help get families moving!

Enjoy a fast & flat 5K Course through the scenic side streets of Westfield beginning and ending in beautiful Tamaques Park. The 1-Miler is held totally within the park. No pets, roller blades or skateboards allowed.

Be Active. . . Be Healthy. . . Bee Running!

Online Registration: www.Racenj.com

Pre-Packet Pick-up:
The Westfield Running Company May 20th.

Race Day Registration Table opens at 8:00AM. Race Times: 1-Mile (9:00am), 5K (9:30am)

SPONSORS & VOLUNTEERS NEEDED!
Inquire at the Recreation Office

The Westfield Recreation Department
425 East Broad Street, Westfield, NJ 07090 - 908-789-4080 ~ Department Email: recreation@westfieldnj.gov
Website: www.westfieldnj.gov/recreation ~ "Like Us" on FaceBook
Lego Tech- Art- Comic- Science!

Location: Community Room.
Register @ www.SmartycatKids.com
(Participants are grouped by age at class)

3). Jewelry & Fashion Design
Come be creative and make some fun and trendy accessories to take home! Bracelets, necklaces, t-shirts & more! TUESDAYS: 5:00-5:45pm.

4). Junior Science Lab — (Grades PreK-5)
This program is all about making learning science fun! Biology, chemistry, physics, engineering, technology, earth science, green science. All new lessons!
FRIDAYS: 4:30-5:15: (PreK-1st), 5:30-6:15: (Grades 2-5).
Register @ www.SmartycatKids.com or call 732-762-5022

MANNERS Anyone? ??
Manners™ - Dining Etiquette
Learn the etiquette of dining in a fun interactive and memorable manner. A four course meal is consumed while etiquette instruction is provided. Participants learn how to correctly behave and manage a formal meal. Ages: 6-10
Fee: $55. Location: Community Rm.
Tuesday, March 28 (4:00-5:00pm).
Register: Online, by mail or in-person

PreSchool of ROCK
Children 6 months to 4yrs.
TUESDAYS—April 18 to June 20
Times: 9:30-10:15am Class OR 10:30-11:15am
Must Register through Preschool of Rock
Real Rock and Roll musicians fill these classes with unforgettable, undeniable, musical awesomeness for your little one. With hip, adult-friendly music, Preschool of Rock offers engaging musical education classes & performances for babies through K’s. Classes educate & entertain by using original tunes, hip-shakin’ dance moves, and exciting instruments and props. We turn up the music without turning up the volume and every class and show is an educational, roof-raising celebration!

With our high energy rockin’ tunes & boogie down dance grooves even the shyest of children break out of their shell and rock OUT!
Fee: $239 (2nd child discount)
Visit www.preschoolofrock.com for information & to register.
Classes are held at Rec Dept!

Fashion First—Designer!
Do you have a passion for fashion?
Fashion sewing & construction: Participants will learn all about garment construction through measuring, pattern making, pinning, marking, cutting & sewing. Learn to use a sewing machine, and build on skills to learn all the proper sewing techniques to finish a garment.
See website for sewing projects & class fees.
Winter/Spring 2017 Session Thursday Dates:
April 27 through June 8. (7-weeks). 1hr.
1-Hour Class Times: Grades 2-5: (3:45-4:45p) Beginners & Some skills.
Grades 5-9: (5:00-6:00p) Some skills & Intermediate.
(Class Fees include fabric, supplies, instruction, and use of machines).
Register: www.fashionfirstworkshops.com
Location: Community Room
Questions?? Call Renee Baird 908-578-8561
Or email Renee: fashionfirstworkshops@gmail.com

Fencing Classes
The WRD is happy to partner with the Advanced Fencing & Fitness Academy of Garwood. (AFFA).

2017 DATES: APRIL DATES—TBD (3:30-4:30pm) $125.
Call for next Session Dates. Grades 2-5.
Location: AFFA 110 South Ave.. Ste. B, Garwood

WHY FENCING: The sport of fencing is a uniquely classic sport. Fencing develops discipline, balance, coordination, & sportsmanship. It helps youth develop quicker reflexes & the ability to make fast analyses of tactical situations which transfer to problem solving skills. Mentally it is mind consuming, allowing not a moments break earning its nickname “Physical Chess”.
Fencing is a great channel for COLLEGE acceptance & athletics scholarships to the top universities around the country.

Register through the Rec Dept.

“Rock N’ Rec” Mondays!
Intro to Rock - Intro to Voice - Adult Guitar*
WRD is partnering with RMC Music Studio

VOICE: If you love American Idol & The Voice, this class is for you!! Come learn the vocal techniques of the pros & enjoy singing pop songs, learn about harmonization & enjoy your love of singing! 7-11yrs
INTRO to ROCK: Curious about what instrument is right for your child?-then this is for you! Students learn rhythm, pitch & how the instruments in a rock band work. Learn to play drums, guitar, keyboards.

Monday Dates: April Dates—TBD
Times: Rock 5:00pm & Voice 6:00pm. (Ages 7-11)
Fee: $75.
Register: Online, by mail or in-person
Location: Recreation Dept.

Visit www.Westfieldnj.gov/Recreation for program info... and... “Like Us” on FaceBook!
Soccer and Multi-Sport Programs Offered all-year long!

Visit Online at: www.UsaSportGroup.com Or Call 866-345-BALL for class information

About US Sports Institute (USA & USSI):
The US Sports Institute offers an abundance of sport programs in the fall to cater to players of all ages and ability levels. With a wide variety of program options, we have something to suit every child! Fall programs are offered as weekly classes which typically take place once per week for a 6-8 week period. Not sure which is the correct program for your child? . . . Call them at (732) 563-2520 or use the chat function on their site, they are there to help!

Spring Session starts April! for Ages 2-7

- **Parent & Me Classes** (ages 2-3): Various sports options where you and your child participate in the class together.
- **Sports Squirts Classes** (ages 3-5): Multi Sports, T-Ball, Golf, and more!
- **Total Sports Squirts** (ages 3-5): Participants try a variety of sports within the program rather than specializing on a single sport.
- **Soccer Squirts** (ages 3-5) and **Soccer Programs** (ages 5-8). Our soccer programs are great for children of all ages and abilities.
- **Track & Field Squirts** (ages 3-5), **Flag Football** (ages 4-8), **Westfield Run Club** (grades Kindergarten to 3rd).

New RUN CLUB– Sundays– Starts April 23!

This program is run by US Sports Institute in association with Westfield Recreation. The progressive curriculum will enable participants to work together on a weekly basis to achieve the goal of completing the Westfield 1 mile or 5k Run.

Children will build character learning positive values from community role models and build relationships with other children in the local area.

Each participant will receive a free shirt and free entry into the Westfield 1 mile or 5k run which takes place at Tamaques Park the morning of **Sunday May 21**.

This program is lead by a qualified US Sports Institute coach with the help of volunteers from the **Westfield High School Track Team**.

Register Online at: www.UsaSportGroup.com Or Call 866-345-BALL.

Summer Session is OPEN - for Ages 2-15 Register NOW!
Volleyball - “Serve em Up!”
Girls will develop strong volleyball skills that will encourage them to be well-rounded teammates. Each program takes place in a fun and competitive atmosphere. All levels welcome. **Fee:** $125

**Director:** WHS Coach, Bev Torok.

**MONDAY DATES:**
March 27, April 3, 17, 24, May 1, 8

**CLINIC TIMES:**
• (4, 5, 6 GRADERS) 7:00-8:00PM
• (7 & 8 GRADERS) 8:00-9:00PM

**Location:**
WHS Varsity Gym.

**Register:**
Online, by mail or in-person

Tennis & golf are “lifetime sports”, & even more important, we call them “family sports”. No matter your level, you can play both sports with your kids. Your son or daughter might not be the next Tiger Woods or Serena Williams, but you will be starting them on a road to an active, healthy life. **Be Active, Be Healthy... Be Learning a LIFETIME Sport!**

**GOLF ACADEMY**
For Grades 3– 8
Come Learn a LIFETIME Sport!
Instructor: Bill McCluney, Golf Pro

**Held:** Scotch Hills Country Club located at 820 Jerusalem Road

**Wednesdays, 3:30-5:00pm.**

**Sess.1:** April 19, 26, May 3, 10 (17/rain).

**Sess.2:** May 24, 31, June 7, 14 (21/rain).

**Fee:** $110/sess.

**Register:** Online or in the Recreation office.

Join with a friend!

Register: Online, by mail or in-person

**TENNIS CLINICS for Kids**
Under the direction of Coach, Jeff Brandes
(Refer to registration form for class descriptions).

**May 16 through June 15**

**Days:** Tuesdays OR Wednesdays OR Thursdays

**Pee Wee’s:** Generally ages 3-4. (4-4:45p) (4:45-5:30p). Fee: $75

**Hot Shots:** Generally ages 5-6. (4-4:45p) (4:45-5:30p). Fee: $75

**Level 1:** Beg/Adv.Beg. Ages 7+, (5:30-6:45p). Fee: $115.

**Level 2:** Generally ages 9 and up. (5:30-6:45p). Fee: $115.

**Please note:** Juniors age 13 and up can take the adult classes.

**Location:** MEMORIAL PARK COURTS

Register: Online, by mail OR in-person.

**FIELD HOCKEY - “Just stick em!”**
Designed to help players improve their fundamental skills, expose them to new strategies & increase their knowledge & enjoyment of the game. All levels welcome. **Director:** WHS Coach, Lauren Conroy.

**Dates:** Mondays—April 17, 24, May 1, 8, 15 (Rain- May 22)

**GRAD 6,7,8:** Time: 3:30-4:30PM

**GRAD 3,4,5:** Time: 4:30-5:30PM

**Clinic Fee:** $60

**Location:** Houlihan Field

**Register:**
Online, by mail or in-person

Visit [www.Westfieldnj.gov/Recreation](http://www.Westfieldnj.gov/Recreation) for program info... and... “Like Us” on FaceBook!
Fashion - Adult Classes

Did you take a sewing class in intermediate school – or even high school? Did you forget everything you were taught? Have you always wanted to learn simple sewing techniques: sewing your own hem, putting on a button, taking in a waistband – and even creating a simple top, skirt or dress? Then this class is for you!

All levels welcome! Time: 7:00-8:30PM

Each program takes place in a fun atmosphere. Enjoy a ladies night to learn a lifetime skill!

Fall 2016:
- Dates:
  - Nov 3, 17: Simple Top - $90
  - Dec. 1, 15: Empire Waist Dress - $90

2017 Dates:
- Jan 5: Learn to Sew. - $35
- Jan 12, 19: Learn how to sew curtains. - $90
- Feb 2, 16: Sew Table Runner & Napkins. - $90
- March 2, 16: Pillow Cover & Bed Pillows. - $90

Spring 2017 Dates - Info to follow:
- April 6/ April 13, 20, 27/ May 4, 18/ June 1, 15.

Registration available at: Fashionfirstworkshops.com

Questions? Email Renee: fashionfirstworkshops@gmail.com

Tennis Clinics - Adults

Under the direction of Coach, Jeff Brandes

May 16 thru June 15

Beg/Adv. Beg: Tues or Thurs & Lo Int/Int: Weds

Times: 6:45-8:15pm

Fee: $140 Location: Memorial Park Courts.

Register Online, by mail or in-person Feb. 15

Obtain a registration form in the office or online. Please make checks payable to: Protuff.

Please note: Juniors age 13 and up can take the adult classes.

Come out and learn a lifetime sport!

Pickleball is here!

A mix of tennis, badminton, and ping pong. Pickleball is the fastest growing sport in the United States. Played (as singles or doubles) with a paddle and a plastic ball with holes, pickleball is fast, fun, and addicting! A great cross-training sport for tennis, pickleball improves reaction time and hand-eye coordination, and sharpens volleys.

Tuesdays - May 16 through June 20

Tamaques Courts: 10:00am to 11:30am. Fee: $30

Register: Online, by mail or in-person

Guitar Lessons – Adults

Adult Guitar – 10:00am

Have you always wanted to learn to play the guitar? Give it a try in this class for adult beginners. This class will focus on learning guitar basics, chords, and learning to play songs!

Location: Community Rm

Wednesday Winter Session Dates:
  - Sess.2: Jan 18, 25, Feb. 1, 8, 15, 22
  - Sess.3: March 1, 8, 15, 22, 29, April 5
  - Sess.4: April 12, 19, 26, May 3, 10, 17.

Fee: $75 per session.

Register: Online, by mail or in-person

WRD is Partnering with RMC Music Studios!

Be Active, Be Healthy . . . Be learning a lifetime hobby!
Senior Transportation with Recreation!
The Westfield Recreation Department’s Transportation Service for Westfield Resident Seniors for Medical and Shopping.

**Medical Rides:**
*Tuesdays & Wednesdays*

**Shopping Rides:**
*Thursdays*

Call Line is OPEN Monday thru Thursday 9:00AM to 1:00PM

**Call to Schedule a Ride:** (908) 301-1287 (You Can Leave a Message Anytime).

**Medical Rides:** Our Senior Transportation transports to Doctors, Dentists & Professional appointments in Westfield on Tuesdays & Wednesdays. We also provide transport to Overlook Hospital on Wednesdays. The transportation program runs 9:00am – 1:00pm.

**Shopping Rides:** We offer transports for Shopping to locations in & around Westfield.

Pick up time starts at 9:00am. Designated drop off locations are listed below:

**Drop Off Locations (Shopping):** Stop & Shop - Lord & Taylor - Post Office - CVS - Elm & Broad St - Trader Joe - Train Station - Library - Shop Rite (Clark) - Target (Clark) - Marshalls (Clark) - Voting - South Ave Shop Center - Municipal Building - Walgreens - Banks

**Program Days:** Tuesday & Wednesday for Medical Rides and Thursday for Shopping

Please pass this info on to a neighbor!

For an informational flyer you may stop by the Recreation Department or Visit our Website or Email us!

Visit Westfieldnj.gov/Recreation for program info... and... “Like Us” on FaceBook!

Be Active, Be Healthy. . . Be THERE!

Summer Camp info... Coming Soon!

We are always updating programs... check our website often.
REGISTRATION INFORMATION
Registration will be accepted from the date of the program brochure's release. Instructional classes are open on a first come, first served basis. Early registration is strongly recommended. Program fees must be paid at the time of registration (exact cash, check or money order). Make checks payable to the Westfield Recreation Department. Enrolled participants should attend the first class as scheduled in the brochure - no confirmation is mailed to you. Children must meet the age requirements listed for the programs by the first day of the program unless the program description indicates otherwise. Watch for ongoing announcements on the department’s website, the local papers, and flyers distributed through Westfield schools. Program registration forms may be downloaded from the Department’s website.

REFUND POLICY
A request for refund, due to personal reasons, must be made in WRITING five (5) business days (Monday - Friday) before the program begins. A $5.00 service charge, amount may vary for specific programs, will be assessed per participant/per activity for all requested refunds, or you may choose to receive a credit (no service charge will be issued on credits). Refunds will NOT be issued once the program starts. Full refunds are granted in the event that a class is full or canceled by the Recreation Department. Refunds will not be issued for 1-day workshops, seminars, or special events. There will be no cash refunds. Refunds will be by Town check and returned according to the Finance Department's bill-paying schedule through the mail (allow 4 – 6 weeks for a refund check to be processed).

PROGRAM CANCELLATIONS
The Recreation Department reserves the right to cancel, postpone or combine any program due to insufficient registration or other causes that may affect the health, safety or welfare of the program participants. A full refund will be issued for programs canceled by the Recreation Department (allow 4 - 6 weeks for processing refund). Every effort will be made to notify registrants of program cancellations. If schools close due to inclement weather, all classes or events held in school facilities will be canceled. To find out the status of evening programs call the Recreation Department, (908) 789-4080 by 4:00p.

REGISTERING FOR A PROGRAM
Please read carefully the special registration requirements available for each program offered in this brochure. Program registration forms may also be obtained on the department’s website:
http://www.westfieldnj.gov/recreation or at the Recreation Department Monday through Friday 8:30AM-4:30PM.

WRD PROGRAM REGISTRATION FORM

PROGRAM NAME: ____________________________ DATES: ____________________________ FEE: __________

PARTICIPANT NAME: _____________________________________________________________

PARTICIPANT AGE: ________ D.O.B. ______/_____/________ GRADE: ______________________

STREET ADDRESS: _______________________________________________________________

PHONE #: _________________________________________________________________

EMERG. NAME: ____________________________ EMERG. # ( _______ ) __________________

PARENT/GUARDIAN NAME: ______________________________________________________

CELL# ( _______ ) _________________________________________________________________

EMAIL ADDRESS: _______________________________________________________________

FEE ENCLOSED: $ ____________________________ CHECK # ____________________________ CASH ____________________________

PROGRAM RELEASE: I certify that the participant listed above is physically able to participate in the Westfield Recreation Department’s programs. I hereby give permission for the participant listed to participate in the above named activity, as well as release the Westfield Recreation Department and the Board of Education, from any and all liability from injuries, which may occur while participating in any program.

PHOTO RELEASE: I, as the Parent/Guardian of the above named participant hereby authorize and consent to the use of his/her visual image by the Westfield Recreation Department for appropriate purposes, including but not limited to: still photography, videotape, electronic and print publications and websites. I give this consent with no claim for payment. ☐ Check this box if you DO NOT consent to the Photo Release.

Signature of Parent/Guardian: ____________________________ DATE: __________________

REFUND POLICY: Requests for a refund must be made in writing five (5) business days (Monday-Friday) before program begins. A $5.00 service charge will be assessed per participant/per activity for all requested refunds, or you may choose to receive a credit. Refunds will not be issued once the program starts. Full refunds are granted in the event that a class is full or canceled by the Recreation Department. Refunds will not be issued for 1-day workshops, seminars, or special events. Refunds will be by Town check and returned according to the Finance Department’s bill-paying schedule through the mail (allow 4-6 weeks for an approved refund).

CHECKS PAYABLE TO: WESTFIELD RECREATION DEPARTMENT (Unless otherwise noted.)

(Registration form may be duplicated)